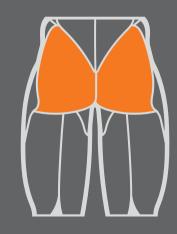
GLUTES & ABS LAB SCULPT STRENGTHEN the



TRANSFORM YOUR GLUTES & ABS WELCOME TO THE

Our Glutes and Abs Lab is packed with top-of-the-line machines that deliver targeted, results driven workouts. From our AB SOLO® to the GLUTE COASTER™, every machine is designed to help you tone, strengthen, and sculpt your way to a more confident you!





MAXIMIZE MUSCLE ENGAGEMENT & LEVEL UP IN THE LAB



THE GLUTES & ABS LAB HAS ARRIVED

WELCOME TO YOUR NEW FAVORITE CLASS

In our new cutting-edge studio, we're taking your workout to the next level with state-of-the-art machines designed for maximum glute and core activation. Whether you're looking to sculpt your abs, lift your glutes, or boost your strength, we've got the perfect equipment to help you achieve your goals faster.